



First Baptist Church of Highland Park
Men's Bible Study Handout
Monday, March 23, 2026
"The Power of Same"
Mark Batterson – Gradually Then Suddenly
Part 2: Long Obedience

THEME:

God does His deepest work not in dramatic moments—but in daily consistency.

ANCHOR SCRIPTURES:

Galatians 6:9 (NLT)

Luke 16:10 (NLT)

CHAPTER SUMMARY:

Breakthrough does not usually come from one big moment but from consistent obedience. What feels repetitive is transformative in God's hands.

POINT 1: Consistency Is More Powerful Than Occasional Intensity

Scripture: 1 Corinthians 15:58 (NLT)

Teaching: Passion without persistence produces inconsistency. Consistency produces transformation.
Illustration: Champions are built in daily unseen discipline.

Key Line: Intensity impresses people—consistency transforms you.

POINT 2: The "Same" Is Where God Builds Strength

Scripture: Hebrews 12:11 (NLT)

Biblical Example: Daniel's consistent prayer life (Daniel 6)

Africentric Insight: Our ancestors survived through daily faith practices.

Key Line: What feels repetitive is refining you.

SEE REVERSIDE SIDE

POINT 3: Small Daily Obedience Leads to Sudden Breakthrough

Scripture: Ecclesiastes 11:6 (NLT)

Teaching: Gradual obedience leads to sudden manifestation.

Illustration: Growth is invisible until it becomes undeniable.

Key Line: Your “same” season is setting up your “suddenly” moment.

THEOLOGICAL REFLECTION – HOWARD THURMAN:

Thurman emphasizes inner discipline and spiritual grounding.

Consistency nurtures the inner life and sustains purpose.

Reflection: Daily spiritual habits keep your soul aligned with God.

THEOLOGICAL REFLECTION – CAIN HOPE FELDER:

Felder emphasizes lived faith in real community contexts.

Faith is not abstract—it is practiced daily.

Reflection: Consistency builds identity, resilience, and liberation.

GROUP DISCUSSION QUESTIONS:

1. What area of your life needs more consistency?
2. Why is consistency difficult?
3. What daily habit could change your life?
4. How do you stay disciplined when motivation fades?
5. What is God building in you through repetition?

PRACTICAL CHALLENGE:

7-Day Same Challenge: Choose one discipline and do it daily.

CLOSING CHARGE:

You don't need a new strategy—you need consistency.

Master the same thing and watch God transform your life.

CALL AND RESPONSE:

Leader: What's your word?

Men: CONSISTENCY!

Leader: What are you going to do?

Men: STAY THE SAME!

Leader: Why?

Men: BECAUSE GOD IS WORKING IN IT!